



## How to play the More Beautiful World Game™

### A. The Rules

1. Make eye contact with the other person. (This is a two-person conversation that travels around the circle.)
2. Always begin with the other person's name.
3. No cross talk or comments (even positive ones) and always end with “thank you.”
4. Players can pass their turn if they want more time to respond. They are nonetheless thanked as if they gave a full answer.
5. Stick to the script. The person posing the questions asks them the same way every time, like playing slow pitch baseball.

### B. The Script

1. “[Name], what is one thing you can tell me about the more beautiful world your heart knows is possible?” (Partner answers)  
(**Important notice:** the script says, “What is **one**...” not “What is **the one**...”)
2. “How is that important to you personally?” (Partner answers)
3. “How might that be important to the people around you?” (Partner answers)
4. “Thank you.”

**Directions:** First, one person asks the three questions of the next person. The answerer becomes the next asker—going back and forth or around the circle many times. One game can last 20 minutes or spark a lifetime of creative thought. More is better. Playing the More Beautiful World Game™ is as simple as playing volleyball and, like playing volleyball, it can produce a shot of dopamine and an endorphin rush!

### C. The Wrap Up

**Suggested questions for wrapping up a game (The wrap up is an integral element in the game):**

- What were some themes you noticed in the answers that were given?
- How was it for you to listen without interrupting?
- How was it to speak without anyone commenting?
- Who do you know nearby and far away that would like to know about the More Beautiful World Game™?